

Mind Mastery Coaching

Change your Mind,
Transform your Life!

The 7 Myths of Drug Addiction

This powerful and eye opening presentation is specialized, based not only on Hazel's training and certifications, but also on her personal knowledge as a parent having to deal with a drug addicted teenager.

Drug and alcohol addiction is one of the greatest dangers to young people today. Parents, teachers, school counselors and sometimes, even therapists, often think they are helping and doing loving things, when in actuality, they are enabling the child to continue being addicted.

Kids, parents, teachers, often don't understand the full consequences, dangers and myths surrounding what 'appears' to be fun and stimulating.

Participants will learn the 7 Myths about Drug Addiction:

- 🚩 I don't have a problem!
- 🚩 Alcohol isn't a drug!
- 🚩 I can stop whenever I want to!
- 🚩 Marijuana is harmless!
- 🚩 It doesn't affect my school work or my life! I'm more creative when I'm high!
- 🚩 I have to drink/use to fit in!
- 🚩 She/He's too young to be addicted to anything!

This topic can be tailored to parent/teachers or college/high school kids, 60 or 90 minutes in length.

Selected Sample of Speaking Clients:

Los Angeles Valley College – Human resources Academy
UCLA, Alpha Epsilon Phi Sorority, CA.
Center for Community Solutions: Healing and Preventing
Violence – San Diego
Los Angeles Police Dept. – CLEARs (Records Supervisors)
Los Angeles Police Dept. – Los Angeles
Wealthy Women's Conference 2004
NAFE (National Association of Female Executives)
NEW – Network for Empowering Entrepreneurial Women



Hazel C. Palache

Success Strategist

Hazel Palache, MFC, CMChT, CADAC, CNLP, is a dynamic international coach, speaker, author workshop facilitator and founder of Mind Mastery Coaching.

Whether 15 or 50, Hazel knows that to create success and be a leader in life, it is imperative to have Mind Mastery.

Hazel has a range of areas in which she has expertise. She knows that each school/college is different, with different challenges and a diverse student population. Some have a strong 'anti-drug' curriculum while others focus on character and leadership development.

She teaches students how to discover their own potential and ability to overcome any obstacle so they can create the future of their dreams.

Audience participation is an integral part of Hazel's programs. She is action-oriented, and participants leave her presentations with greater clarity and more focus plus tools to create success in the real world.

Hazel will tailor the program to include the points **YOU** want covered.

For full professional information, please see Hazel's Bio.

"Your presentation was thought provoking, interesting and very inspirational. In just an hour, all the girls in my house received some very valuable information—information we could use in daily life in order to reach our goals. As college students, having goals that could very well affect the rest of our futures, we were shown, and even given proof, that with a set schedule and self-discipline, anything was possible. We really appreciated your honesty and humor as well as your energy and the simplicity of information that could be put into action immediately. It was really great. Thank you." ~ Cecilia Choy, VP Programming, Alpha Epsilon Phi. - UCLA.

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