

Mind Mastery Coaching

Change your Mind,
Transform your Life!

Designing Your Life Blueprint

Perhaps you or your team set goals, take action and still fall short of the desired outcome! Wondering Why?

There's more to setting goals than just deciding that you are going to achieve what it is you want.

This powerful, energizing and motivating presentation will teach your audience to:

- ✚ Create result-oriented, powerful goals
- ✚ Design a life and/or business vision
- ✚ Understand the potential of cause and effect
- ✚ Learn how your values affect your life

As with all her presentations, this is action-oriented and interactive. Your audience will leave with the necessary tools to create a life blueprint and powerful achievable goals. Additionally, they will have a new sense of awareness and understanding.

60 or 90 minutes in length.

Can also be modified for a half-day (3 hour) workshop.

Selected Sampling of Speaking Clients:

Los Angeles Valley College – Human resources Academy
Los Angeles Police Dept. – CLEARs (Records Supervisors)
Los Angeles Police Dept. – Los Angeles
Purpose, Passion and Power Series
Wealthy Women's Conference 2004
NAFE (National Association of Female Executives)
NEW – Network for Empowering Entrepreneurial Women
Center for Community Solutions: Healing and Preventing
Violence – San Diego

“During the course of 90 minutes, Hazel gave us exercises and techniques that allowed for critical inner exploration, providing insights and learning for everyone. Neither ‘preachy’ nor dogmatic, Hazel is supportive and caring.

One of Hazel's most valuable assets is that she uses her life experience to empower others to learn how not to be pulled down by limiting beliefs. Our group was very fortunate to have spent an evening with her. Her boundless energy and enthusiasm for living is highly contagious and it is a delight to be in her presence.”

~ Barbara Goldbera. Founder-Salon Forum. Los



Hazel C. Palache

Personal and Professional Life Strategist.

Hazel Palache, MFC, CMChT, CPC, CNLP, is a dynamic international coach, speaker, author workshop facilitator and founder of Mind Mastery Coaching. She is often referred to as The Success Doctor.

Hazel is an expert in teaching people how to discover the keys to overcome obstacles and create leadership and success.

Always including humor, she uses the unique tools and techniques of her vast training and life experience to teach, motivate and inspire audiences to quickly change their thought process in order to create the most powerful and successful results.

Hazel is action-oriented, and audience participation is an integral part of all her programs.

Audiences leave her presentations with greater clarity, more focus and the tools to create change. She encourages them to think outside the box and teaches them to live their lives from the inside out.

Her presentations are educational, empowering and fun. The lessons she teaches continue far beyond the event itself.

Hazel C. Palache, MFC, CMChT, CPC, CNLP
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