

# Mind Mastery Coaching

Change your Mind,  
Transform your Life!

## The Astonishing Power of You:

How to attract in to your life personally and professionally, all the success you want.

## The Time Bandit:

The importance of time management to create less stress in all areas of life.

## Survival Skills in the Workplace:

How to recognize and deal with different personalities and communication styles.

## Selected Sampling of Speaking Clients:

Los Angeles Valley College – Human resources Academy  
California Law Enforcement Association of Supervisors  
Los Angeles Police Dept. – Los Angeles  
Wealthy Women's Conference 2004  
NAFE (National Association of Female Executives)  
Los Angeles Rotary  
NEW - Network for Empowering Entrepreneurial Women  
UCLA – Alpha Epsilon Phi. CA.



**Hazel C. Palache**

## *Personal and Professional Success Strategist*

Hazel Palache, MFC, CMChT, CPC, CNLP, is a dynamic international coach, speaker, author workshop facilitator and founder of Mind Mastery Coaching. She is often referred to as The Success Doctor.

Hazel uses the unique tools and techniques of her vast training in psychology, hypnosis and neuro-linguistic (NLP) programming plus her life experience, to teach and motivate clients and audiences to quickly change the way they think in order to create the most powerful and successful results.

She encourages people to live their lives from the inside out and to think outside the box. She is an expert in teaching people how to discover the keys to overcoming challenges in order to create leadership and success. With clarity, humor and expertise, Hazel guides participants to a place of new awareness and direction.

Hazel has a vast range of areas in which she has expertise. She knows that whether it's 16 or 60, to create success and leadership in life, it is imperative to have Mind Mastery.

Hazel is very action-oriented. All her presentations and workshops are interactive, educational, empowering and fun.

For full professional information, please see Hazel's Bio or email [Hazel@MindMasteryCoaching.com](mailto:Hazel@MindMasteryCoaching.com)

*"Your presentation was thought provoking, interesting and very inspirational. In just an hour, all the girls in my house received some very valuable information—information we could use in daily life in order to reach our goals. As college students, having goals that could very well affect the rest of our futures, we were shown, and even given proof, that anything was possible. We really appreciated your honesty and humor as well as your energy and the simplicity of information that could be put into action immediately. It was really great. Thank you."*

~ Cecilia Choy, VP Programming,  
Alpha Epsilon Phi. - UCLA.

*"Hazel Palache's motivating & inspiring words have had a tremendous impact on the lives of the women we sought to help. Each of the participants left with a definite sense of drive and purpose. Our 'Im-Proving' campaign is a charity organization that works to empower women of abuse to lead fulfilling and self-sufficient lives. Hazel's words and proof-positive nature was the perfect addition to the campaign, and we look forward to a long and lasting relationship."*

~ Ed Kim – Organizer, Im-proving – Center  
for Community Solutions

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