

Mind Mastery Coaching

Change your Mind,
Transform your Life!

The Astonishing Power of You – Master Your Thinking, Change Your Life

Hazel's signature presentation, *The Astonishing Power of You*, comes not only from her training but also from her own vast life challenges and experiences.

Your Mind is the most powerful tool you have. How you use it to attract into your life what you want is probably the most important topic to learn in the world today to create success and leadership. In this powerful, fast-paced presentation, Hazel teaches audiences:

- ✚ How the conscious/unconscious has the power to affect what we do and what we create in life
- ✚ How to overcome mind chatter that holds them back
- ✚ What you say is what you are thinking equals how you create your life
- ✚ Why visualization and writing can help them to create massive results.
- ✚ Being at cause or effect

As with all her presentations and workshops, this is action-oriented and interactive, and audiences leave with a new sense of awareness and understanding that allows them to dramatically change their lives personally and/or professionally on an emotional, spiritual and physical level simply by changing the way they think! The lessons Hazel teaches continue far beyond the event itself.

Selected Sampling of Speaking Clients:

Los Angeles Valley College – Human resources Academy
California Law Enforcement Association of Supervisors
Los Angeles Police Dept. – Los Angeles
Wealthy Women's Conference 2004
NAFE (National Association of Female Executives)
NEW – Network for Empowering Entrepreneurial Women
Center for Community Solutions: Healing and Preventing
Violence – San Diego

"Hazel's workshop was invigorating and thought provoking. I really enjoyed the audience participation. Although the workshop is intended to promote self growth, which it certainly did, it was also fun."

~ CeCe Merkersen – participant – Business Coach,



Hazel C. Palache

Personal and Professional Life Strategist

Hazel Palache, MFC, CMChT, CPC, CNLP, is a dynamic international coach, speaker, author workshop facilitator and founder of Mind Mastery Coaching. She is often referred to as The Success Doctor.

Hazel encourages audiences to live their lives from the inside out and to think outside the box. She is an expert in teaching people how to discover the keys to overcoming obstacles and creating success in life.

Hazel has a vast range of areas in which she has expertise. She knows that whether it's 16 or 60, to create success and be a leader in life, it is imperative to have Mind Mastery.

With clarity, expertise and humor, Hazel guides audiences to new awareness and direction. They leave with greater clarity, more focus and energy and the tools to create change in all areas of life.

All her presentations are educational, empowering and fun

For full professional information, please see Hazel's Bio.

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